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Bangalore Mirror

TEMP Max 36 | Min 22 | Humidity 65% Partly cloudy sky Sensex 75,038 | Nifty 22,753 | Gold 72,220 | Silver 84,500 | Dollar 83.18 | Euro 89.34 | GBP 105.51

1,280 MISHAPS

Rising number of fatalities, injuries in 2024

PAGE 5

BUS FIRST

Why the city needs more bus priority lanes

How forest dept traced person who littered Turahalli forest, made the offender write apology, clean up spot

SCOURGE OF THE JUNGLE

590-acre patch one of last surviving forests within Bengaluru

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Think twice before dumping garbage in the forest as officials may come knocking at your door. In a recent incident, the forest officials tailed an individual who had thrown trash at Turahalli. Not just that, he was made to visit Turahalli forest, clean the trash and also write an apology letter stating that he won't repeat the act. Forest officials said that these incidents shed light on the growing problem of littering not only in city streets but also in forests near urban areas, which have become dumping grounds due to rapid urbanisation.

Turahalli is a 590-acre forest which is one of the last surviving forests within Bengaluru; the city is growing so fast that a few of the forest areas are now part of the urban zone.

N Ravindra Kumar, deputy conservator of forests (Bengaluru Urban) told Bangalore Mirror, "We have been taking a number of measures to protect Turahalli. Recently, a voluntary group cleaned up the Turahalli forest and all the trash was removed. However, the next day, we were surprised to see that trash was dumped again in the forest. While we were wondering how to catch the culprits, we came across a few boxes of e-commerce orders. There was an address written on the boxes. So, we noted down the address and went to the home of the individual who had dumped them. Upon inquiring, he confessed to dumping the trash and regretted his act. We took him to the site and made him clean the place. This was done so that he realises the mistake, how difficult it is to

CONTINUED ON PAGE 4 »

"This is just a warning that we are watchful of people dumping trash here; anyone doing so in the future will face similar consequences...

— N Ravindra Kumar, deputy conservator of forests (Bengaluru Urban)

Of vehicles left on wayside

South traffic division has so far disposed of 65 two-wheelers and 30 four-wheelers this year

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The Bengaluru Traffic Police (BTP) is ramping up efforts to clear abandoned vehicles from the city streets, aiming to prevent traffic congestion and enhance security measures.

According to the south division deputy commissioner of police (DCP) for traffic, Shiva Prakash Devaraju, the identification and disposal process of abandoned vehicles are progressing swiftly.

"In the past month alone, we identified 27 abandoned vehicles, and they are currently undergoing disposal procedures," stated the DCP.

This action follows a writ petition highlighting the need for timely removal of abandoned vehicles, citing concerns over traffic disruption, nuisance to residents, and potential security risks.

The petition proposes a structured timeline for the disposal of vehicles based on their age, ranging from 30 days for vehicles older than 15 years to two months for vehicles aged 5 to 15 years. It also emphasises the importance of obtaining permission from the jurisdictional magistrate

CONTINUED ON PAGE 6 »

3 THINGS TO DO

01 Odissi dance

Watch the captivating Odissi dance presentation of 'Rasa & Rhythm: A celebration of Odissi dance' which is a celebration that transcends boundaries, leaving audiences captivated by the rich cultural heritage of India and the transcendental beauty of Odissi dance, and 'Colours of Krishna', which is a kaleidoscope of hues and emotions meticulously woven through the realms of mythology and human experience, traversing through the sublime landscapes of devotion, love, playfulness, and transcendence, by the esteemed Odissi dancer, Madhulita Mohapatra, and her esteemed dance troupe, Nrityantar Dance Ensemble.
When: April 13, 3:30 pm and 7:30 pm
Where: Jagriti Theatre, Whitefield

02 It's time to disco

Dust off your dancing shoes because Dynamite Disco Club, a community for disco and house music curated by Stalvart John, is turning seven! Celebrate and groove to the finest disco tunes of Audio Units, Stalvart John, and Carissa.
When: April 13, 7 pm onwards
Where: Indiranagar Social

03 Historical art

Engage with historical art with an interactive session 'Through the Looking Glass: Helping children see the 'new' in the 'old' by Ashwin Prabhu. Based on his new children's book, "Sculpted Stones: Mysteries of Mamallapuram," the methods explored can be used at any heritage site across the country. Prior knowledge of facts will take a backseat, and skills like first-hand observation, description, and imagination will come to the forefront. Open to ages 10 and above. **When: April 14, 3:30 pm; Where: Atta Galatta**

Blessed Eid

People offer Eid al-Fitr prayers in a public playground on Thursday in Bengaluru. Children take cover under umbrellas in the hot sun

How BBMP colleges went all out to crack PU exams

Extra classes, special focus on individual students and other steps help colleges achieve 77% result

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File photo of a special class at BBMP PU College, Bhyraveshwara Nagar

With a remarkable result of 77.83 per cent in the II PU exams, Bruhat Bengaluru Mahanagara Palike (BBMP)'s Pre-University Colleges proved that their quality of education is on par with that of private colleges. This year, 2,427 students from 18 BBMP colleges wrote PU examinations, which were held in March. Of those, 1,889 passed the exams and 227 achieved distinction, raising the pass percentage to 77.83 per cent from 63.18 per cent in the previous academic year 2022–23. The hard work of students, the dedication of lecturers, and the support from the BBMP education department are said to be the main reason for the success. BBMP PU College, Bhyraveswara Nagar, recorded a pass percentage of 94.96, with 132 out of 139 students clearing the exams, and among them, 28 secured distinction.

"All the credit must go to the students, lecturers, and the BBMP education department. The pass percentage at our college was 93.52 per cent during the previous academic year, and it has been increased to 94.96 per cent this academic year. We conducted special classes for II PU students for two hours from 2.30 pm to 4.30 pm during the weekdays. We are grateful to the members of a bank employees' association for providing snacks to our students who attended these special classes," said principal Eswarappa R, BBMP Junior College, Bhyraveshwara Nagar in Govindaraja Nagar Assembly constituency.

Though conducting special classes was the norm at all the BBMP PU colleges, the lecturers at the BBMP PU College in Kasturba Nagar on Mysore Road went one step ahead to ensure that more students cleared the examinations. This year, 259 out of 294 students cleared the exams, while 36 secured distinction. This college recorded a pass percentage of 88.10 per cent against the pass percentage of 70.31 during AY 2022–23. "Apart from conducting special classes for the II PU students up to 3 pm, I ensured that each lecturer looked after 10 students to monitor their progress in academics. We conducted unit tests for the students on a regular basis," said H Mariswamy, principal, BBMP PU College, Kasturba Nagar.

> **"I ensured that each lecturer looked after 10 students to monitor their progress in academics. We conducted unit tests for the students on a regular basis**
> – H Mariswamy, principal, BBMP PU College, Kasturba Nagar

Meanwhile, at BBMP PU College in Cleveland Town, 428 of 595 students cleared the exams, with 62 securing distinction, increasing the pass percentage to 71.93 per cent from 58.50 percent during the AY 2022–23. "We conducted classes for II PU students in the morning session from 8 am to 12 noon. We conducted special classes for them after lunch. We also made arrangements on the college premises for the students to revise lessons," said Hanumappa, principal, BBMP PU College, Cleveland Town, in Pulikeshi Nagar Assembly constituency.

How TB bacterium persists in human host

IISc researchers uncover role of gene that allows bacterium to remain in humans for long periods

Researchers at the Indian Institute of Science (IISc) have made a significant breakthrough in understanding the mechanisms that allow the tuberculosis (TB) bacterium to persist in the human host for extended periods, even for decades. The study, led by Amit Singh, Associate Professor at IISc, sheds light on the role of a single gene involved in the production of iron-sulphur clusters, which is crucial for the persistence of the TB bacterium.

Tuberculosis is caused by Mycobacterium tuberculosis (Mtb), and interestingly, the bacterium can remain present in the human body for prolonged periods without causing any symptoms. While the immune system can often detect and clear out Mtb in many cases, the bacterium adopts a strategy of hiding within oxygen-limiting pockets of the lung in asymptomatic individuals. In this dormant state, it avoids dividing and remains metabolically inactive, successfully evading both the immune system and TB drugs.

Singh said, "Due to persistence, there is a bacterial reservoir in a subset of the human population at any point, which can reactivate and cause infection. Unless we understand persistence, we will not be able to eradicate TB." The research team focused on the role of iron-sulphur clusters in Mtb, essential for the functioning of several proteins within the bacterium. These clusters, composed of iron and sulphur atoms, play a crucial role in cellular reactions such as respiration and carbon metabolism. The study aimed to investigate the mechanisms by which Mtb builds these iron-sulphur clusters.

The iron-sulphur clusters are primarily produced by Mtb's SUF operon, a set of genes that are activated together. However, the researchers identified another single gene, IscS, capable of producing these clusters. To unravel the mystery of why the bacterium needs both pathways, the team generated a mutant version of Mtb lacking the IscS gene.

The study revealed that under normal and oxygen-limiting conditions, iron-sulphur clusters are mainly produced by the action of the IscS gene. However, when the bacterium faces oxidative stress, the iron atoms in the clusters become oxidized and released, damaging the clusters. This results in an increased demand for producing more clusters, activating the SUF operon.

Importantly, the absence of the IscS gene in the mutant version of Mtb led to severe disease in infected mice, deviating from the typical persistent, chronic infection seen in TB patients. The unregulated activation of the SUF operon in the absence of IscS gene resulted in hypervirulence. The researchers concluded that the IscS gene plays a crucial role in regulating the activation of the SUF operon, contributing to the persistence of TB. Additionally, bacteria lacking the IscS gene exhibited increased sensitivity to certain antibiotics, providing potential insights for treatment strategies. The team suggests that a better understanding of the IscS and SUF systems in Mtb could pave the way for more effective strategies to eradicate TB persistence. Combining antibiotics with drugs targeting IscS and SUF may prove to be a promising approach in the fight against tuberculosis.

ADVERTORIAL

Unmasking Parkinson's Disease (PD): Taking Charge of Your Journey to a Better Healthier Tomorrow

As we commemorate World Parkinson's Day on April 11, it is essential to bring this debilitating condition out into the spotlight and in public discourse.

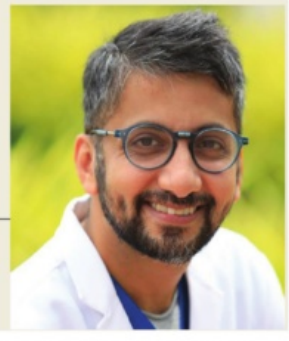
As a Movement Disorder specialist, I and we at Ramaiah Memorial Hospital are completely committed to raising awareness and empowering the general public with knowledge on Parkinson's disease and its management.

Parkinson's Disease, a neurodegenerative disorder affecting the brain isn't only about tremors, stiffness, slowness or poor balance; but also about sleep disturbances, cognitive challenges to depression and anxiety.

However, Parkinson's Disease can be effectively managed, controlled and people affected can lead a good to decently good quality of life optimally with some simple yet crucial steps.

TULIP & SPARK PD CARNIVAL

This World Parkinson's Day, let us unite to raise awareness, empower individuals living with Parkinson's Disease in namma Bengaluru/across India. In this regard, the Tulip & Spark PD Carnival is being organized on Sat, 13th April 24, at the Dwarka Auditorium of Ramaiah Memorial Hospital as part of the awareness creation initiative on Parkinson's Disease. The Carnival invites all people affected with Parkinson's Disease as well as Caretakers of Parkinson's affected people.



Dr Anish Mehta
Consultant Neurologist & Movement Disorders Specialist
Ramaiah Memorial Hospital, Bengaluru

Educate to empower

Educate yourself to understand the nuances and latest treatment options of Parkinson's Disease for effective and efficient management of you or your loved one. Know about non-motor symptoms of PD that may impact your daily life.

Take charge & Be responsible

Adhere to prescribed medication schedules, seek for customized treatment plan from a specialist, actively participate in discussions and ask questions. Explore new therapies such as Deep Brain Stimulation or Infusion Therapies to significantly improve your quality of life.

Embrace a healthy lifestyle

Regular exercise, a balanced diet, and sufficient rest are essential. Engage in activities like walking, music, dancing, cycling, or practicing yoga that you can enjoy.

Seek support

Don't live with Parkinson's Disease alone. Reach out to support groups – online and in person to connect with fellow PD warriors. Share and support each other to make a difference in your PD journey.

At Ramaiah Memorial Hospital, we have started a support group called **"Tulip & Spark PD Warriors".** Reach out to be part of this support group at +91 97427 14322.

Raise awareness

Share knowledge and experiences, encourage compassion, understanding, and support by coming together. Debunk myths and misconceptions as much as possible.

If you or a loved one is impacted by PD, do not hesitate to seek help and support. Reach us at **+91 97427 14322** or email us at tulip&sparkpdwarriors@msrmh.com

For appointments Call : +91 97427 14322

TRAI proposes cell on wheels for Namma Metro

TRAI's proposal for 5G integration in metro facilities aims to revolutionise connectivity and safety measures, paving way for future digital transformation

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If you're experiencing a lack of metro signals while aboard metro trains, the Telecom Regulatory Authority of India (TRAI) has suggested that metros should provide Cell on Wheels (CoWs) inside their premises (such as car parking or open areas). This setup would include the necessary plug-and-play infrastructure to ensure seamless coverage and enhance the customer experience at metro locations.

The potential of 5G networks at metro stations is remarkable. Metro trains can leverage 5G technology to offer accurate route maps and proximity-based digital signage, ensuring travellers optimise their time before boarding. It's crucial for both metro operators and travellers to implement effective security measures. Utilising 5G networks, metros can deploy high-definition video surveillance, feeding into AI-powered security monitoring services for real-time analysis of situational data.

TRAI's pilot project on using street furniture for small cells and aerial fibre development, conducted at Bengaluru Metro stations, now suggests deploying 5G Small Cell and Aerial Fibre at other metro stations nationwide using existing street furniture. The project report emphasises the need for provisions to conduct emergency repairs or replacements of telecom equipment in metro premises during limited times post-metro train movement.

Trials at MG Road metro station covered entry and exit areas, platforms, and indoor coverage. However, according to the TRAI report, metro officials denied permission for a Metro Cable duct along the track due to safety concerns related to high-tension electric cables and signalling cables. Additionally, no permission was granted for installing Telecom/BBRS Poles between stations for small cell fixing due to concerns about structural stability, nor for the installation of small cell fixing on metro piers.

An official noted, "The adoption of 5G networks in India has the potential to transform industrial sectors and deliver significant economic benefits across verticals. One major pillar of economic development is metro infrastructure. Equipping metro infrastructure with the latest communication technologies is essential to attract foreign investment and enable Indian metros to compete globally. For the success of the next stage of digital transformation through upcoming 5G small cell deployment, TRAI is working on a futuristic Policy Framework to enable next-generation communication infrastructure at critical locations with a special focus on metros. Therefore, to understand the requirements/challenges involved in the deployment of small cells and aerial fibre in the challenging metro environment, a pilot project was initiated at Namma Metro, Bengaluru, in April this year."

> **"Equipping metro infrastructure with the latest communication technologies is essential to attract foreign investment and enable Indian metros to compete globally**
>
> – TRAI official

The pilot study aimed to identify operational challenges and establish an enabling regulatory and policy framework for all stakeholders ahead of actual deployment. One objective was to understand the challenges of establishing a cross-sectoral collaboration policy framework enabling cooperation between metro authorities and telecom companies to leverage brownfield metro street furniture for deploying 5G networks.

What happens if you dump trash in forest?

CONTINUED FROM PAGE 1

clear the trash and why he should not repeat it. Later, we made him write an apology too. This is just a warning that we are watchful of people dumping trash here and anyone doing so in the future will face similar consequences." This incident reminds us that authorities and volunteers are not satisfied with just the penalty. Recently, a few individuals in Kushalnagar (Kodagu) had seen wedding cards being thrown by a Bengaluru family at Cauvery river. The individuals called up the Bengaluru family and ensured that they travel back from the capital and collect all the wedding cards that were thrown away and clean up the place.

Kumar added, "Littering is strictly prohibited and considered an offence. Unfortunately, many travellers have been observed discarding their trash along the Turahalli roadside and even within the forest area, often in plastic covers. This widespread littering has become a significant challenge to address, as it is difficult to apprehend those responsible for these actions."

Officials stressed that despite ongoing cleaning initiatives, forests are quickly becoming littered, posing a significant environmental challenge: The transformation of these natural spaces into trash bins is alarming and calls for immediate attention and action. It is essential for individuals to be responsible and mindful of their waste disposal practices, especially in sensitive ecological areas like forests. The incident serves as a reminder of the importance of environmental conservation and the need for collective efforts to preserve our natural surroundings. Authorities and communities must work together to promote awareness about responsible waste management and the preservation of natural habitats.

Sandeep K, a wildlife activist said, "The forest department has several options at its disposal to tackle the issue of trashing forest land. One of the primary strategies is to enhance surveillance across forest areas. This can be achieved by deploying modern technology such as cameras and drones to monitor vulnerable spots prone to littering. By keeping a close watch on these areas, the department can identify and deter individuals engaging in illegal dumping activities. Alongside surveillance, awareness campaigns play a crucial role in preventing littering. The forest department can launch educational initiatives targeting tourists, hikers, and local communities. These campaigns should highlight the importance of maintaining cleanliness in forest areas and the environmental impact of littering. By educating people about responsible waste disposal practices, the department can instil a sense of responsibility and ownership among visitors. Regular clean-up drives are essential to maintain cleanliness in forest areas. The forest department can organise clean-up initiatives with the help of volunteers, forest staff, and local communities. These efforts not only remove existing litter but also create awareness about the importance of preserving the natural beauty of forested regions. Promoting eco-friendly practices among visitors is another key strategy. Encouraging the use of reusable items such as water bottles and bags, minimising packaging waste, and advocating a 'pack-in, pack-out' policy can significantly reduce littering incidents."

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Problems in your area?
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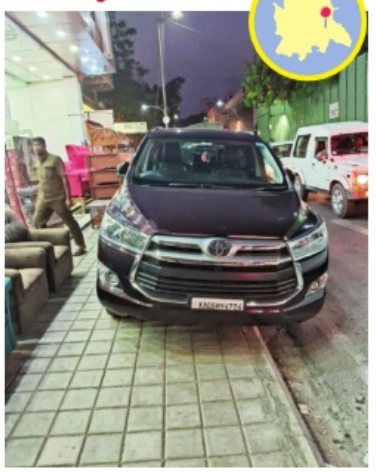
Filthy roads

Dasarahalli

There has been no cleaning on Kempapura Road near Godrej Woodsman Apartment for over 7 days. The BBMP appears to be unconcerned about addressing this issue.

Pavement takeover

Infantry Road



Sofas, cars, two-wheelers and autos occupy the entire footpath in this stretch and the public is inconvenienced because of these violations every day.

Leaves everywhere

Bikasipura

This pile of branches and leaves in Vasantha Vallabha Nagar have not been cleared by BBMP. Despite several reminders, their excuse is that the branches will not fit in their vehicles. This is turning out to be a dumping ground attracting rodents.

1,280 crashes in 3 months: Why B'luru roads need safety upgrades

Latest traffic police data reveals high number of fatalities and injuries on Bengaluru roads, emphasising need for infrastructure improvements and enforcement efforts

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According to the data by the traffic police, Bengaluru has recorded 1,280 road accidents in 2024 so far.

The traffic police said that 243 people have lost their lives on city roads and 1,082 people have been injured in three months.

The data also showed that the city recorded 240 fatal and 1,040 non-fatal road accidents.

Chetan Sodaye, Senior Programme Associate, Integrated Transport & Road Safety, WRI India says that over 70 per cent of road crashes in Bengaluru are that of vulnerable road users - pedestrians, cyclists and motorcyclists.

"We need to make our infrastructure safer for these users. There are simple street design elements that can do that. For instance, a well-designed speed hump and raised pedestrian crossing can ensure pedestrian safety, but also not being traffic to a standstill. Inadequate pedestrian infrastructure not only creates pedestrian-vehicle conflicts but poses a safety risk, and also reduces traffic efficiency. It is well recognised that designing our infrastructure for pedestrians will improve road safety while increasing traffic efficiency," he said.

According to the DCP South Traffic, Shiva Prakash Devaraju, in his division, the major cause behind road accidents is drinking and driving.

"There were mostly self-accidents in the south division where the person was drunk. Also, about 80 per cent of the people who die in road accidents are pedestrians who are crossing the road at night and early morning. Other than that, there are many people who do not follow traffic rules and lane disciplines resulting in accidents," he told Bangalore Mirror.

He also added that people riding without helmets contribute to a large number of accidents.

> **About 80 per cent of the people who die in road accidents are pedestrians who are crossing the road at nights and early mornings**
>
> –Shiva Prakash Devaraju, DCP South Traffic

"In order to reduce the number of accidents, we are conducting drink and drive tests. We are also doing road marking and improvements," he added.

According to the data by the Bengaluru traffic police, the city recorded 23 lakh traffic violations. The police recorded 1,035 cases of reckless driving, 1,496 cases of speeding cases, 3,051 cases of drunken driving and 10 lakh cases of jumping traffic signals.

The police also recorded 9 lakh cases of riders without helmets, and 7 lakh cases of pillion riders without helmets.

Walkers want answers on Cubbon Park

The Cubbon Park Walkers' Association is going to be organising an interaction between walkers and candidates contesting for the Lok Sabha elections from the Bengaluru (Central) constituency.

"The walkers would like to know from the candidates their plan of action to protect the Park. The Cubbon Park, one of the last remaining lung spaces of Bengaluru is facing a threat to its existence from various quarters, including the proposal to construct a 10-storey building. The Park falls within the Bengaluru (Central) Lok Sabha constituency," the association said in a statement while noting that the interaction will be held on April 14, at the Central Library in the park at 7 am.

Those who frequent the park consistently note that the park has now become highly restrictive, constraining communities from accessing the public space. Cubbon Reads, a reading community which gathers at the park every Saturday took to Twitter (X) and said, "The policing we face at Cubbon from guards, who scold us for carrying mats, stealthily shoot videos of us sitting and reading is alarming. What's the point of a public space if the public can't use it? Parks should collaborate with communities rather than make parks safe for everyone." Along with this, constant protests have also been held against the proposed construction of a 10-storey annexe for the Karnataka High Court within Cubbon Park.

Commuters demand bus lane back on ORR as road clears up

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Frequent bus commuters on the Outer Ring Road (ORR) have called on authorities to reinstate the bus priority lane as the metro works on the stretch are beginning to be completed. Commuters have noted that reintroducing the bus lane will incentivise those who use public transportation systems and encourage a shift from the usage of private vehicles.

The 'priority bus lane' on ORR was introduced in 2019 from Central Silk Board to KR Pura, spanning 17 km, at a cost of Rs 14.3 crore. However, construction of metro pillars (for the Blue line) on the median of the road required 9 metres of space, leading authorities to remove all the bollards put in place to demarcate the bus lane in mid-2022. The Bruhat Bengaluru Mahanagara Palike (BBMP) had installed over 25,000 fibre-reinforced bollards which were put in place on either side to reinforce the bus lane. While it had installed the bollards on the orders of the Directorate of Urban Land Transport (DULT), BBMP had pushed over the responsibility of removing them to the Bangalore Metro Rail Corporation Limited (BMRCL).

> **This is going to help commuters in the area switch to buses as their mode of transport since the bus lane reduces travel time**
>
> –a regular commuter

BS Prahlad, Chief Engineer of Road Infrastructure at BBMP last year had said that the BMRCL would be reinstalling the bollards once the metro barricades were removed and the construction work completed. Commuters who frequent the stretch say that ORR has cleared up enough for implementation of the bus lane once again.

"The bollards must be installed once again after consultation with the BMRCL. This is significantly going to help commuters in the area switch to buses as their mode of transport since the bus lane reduces travel time. However, several departments such as the traffic police as well as the municipal body must come together to ensure that the bus lane is free of encroachment by other vehicles and the road infrastructure is adequate," said a commuter who travels on the stretch.

Positive impact

A Bangalore Metropolitan Transport Corporation (BMTC) official noted that the reintroduction of the bus lane will reduce the travel time on its buses from 70 minutes to 50-55 minutes, saving close to 20 minutes of time for commuters.

A report by Greenpeace India also revealed that 86 per cent of respondents on a survey have expressed their support for expanding the bus lane system. According to the report, over 28 per cent of existing bus users reported an improvement in travel time since the implementation of the bus lane. This improvement was particularly significant for those travelling longer distances, with 54 per cent of respondents experiencing a reduction in travel time from 60-90 minutes to 30-60 minutes. Additionally, 82 per cent of respondents found the bus lanes to have a generally positive experience.

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10 Students above 98%
42 Students above 97%
100 Students above 96%
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II PUC RESULTS 2023-24
Distinctions 499
First Class - 112
Second Class 01
Percentage - 100%
Distinctions
Number of Centum's (100's)
Physics - 01
Chemistry - 32
Mathematics - 59
Biology - 45
Kannada - 12
Computer Science - 04
MEGHANA M S
592 98.67%
STATE 7TH RANK
8TH RANK
NIVEDITHA 591 98.50%
9TH RANK
SUKANYA K D 590 98.33%
9TH RANK
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Race to Lok Sabha

Bengaluru Central fielding 24; of state's 247 candidates, only 21 are women

Chikkaballapur leads the pack with 29 candidates

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With 29 candidates, Chikkaballapur constituency is leading with the highest number of contestants among all constituencies participating in the Lok Sabha polls in Karnataka's first phase of polling. Following the meticulous scrutiny of nomination papers and the subsequent withdrawal process, a substantial total of 247 candidates are now actively contesting in this phase from the state.

The dynamic landscape of candidates continues across various constituencies. Bengaluru Central emerges as a close second with 24 candidates, closely followed by Bengaluru South with 22, and Bengaluru North with 21 candidates vying for parliamentary seats. Other notable constituencies include Chitradurga with 20 candidates, while Mysuru, Kolar, and Tumakuru exhibit an equal number of contenders at 18 each. Additionally, Bengaluru Rural and Hassan boast 15 candidates each, with Mandya and Chamarajanagar trailing closely behind with 14 candidates in each district. On the lower end of the spectrum, Udupi-Chikkamagaluru presents 10 candidates, whereas Dakshina Kannada has the fewest contestants at nine.

Gender bias

An intriguing aspect arises when analysing the gender dynamics within the contesting candidates. Out of the total, 226 candidates are male, highlighting a considerable disparity as only 21 female candidates are participating. Bengaluru North holds the distinction of having the highest number of female contestants with six, while Bengaluru Central and Bengaluru South each have three.

In the poll season, two kids walk around with a party flag in Mysuru

Surprisingly, certain constituencies like Udupi-Chikkamagaluru, Hassan, and Kolar do not feature any female contestants in the current electoral lineup.

Overall, the nomination process saw a significant turnout with 358 contestants submitting their nomination papers from these constituencies. However, not all submissions were successful, as 74 nomination papers faced rejection due to various reasons. Among these rejections, Bengaluru South stands out with 14 nomination papers being dismissed.

Bipolar contest

Despite the number of candidates participating, political analysts predict that this election will predominantly witness a bipolar contest, emphasising the strategic dynamics of electoral alliances and voter sentiments in shaping the outcomes.

Political pundits say that this election marks a significant shift with the JDS and BJP forming a pre-poll alliance, effectively transforming the traditional triangular contest into a clear NDA versus Congress battle. Key constituencies feature prominent candidates from both sides, setting the stage for intense electoral battles.

In Bengaluru North, Union Minister Shobha Karandlaje, representing the BJP, will go head-to-head against Prof MV Rajeev Gowda of the Congress. Meanwhile, in Bengaluru South, incumbent MP Tejaswi Surya of the BJP faces Sowmya Reddy, former Jayanagar MLA and daughter of Transport Minister Ramalinga Reddy. The Bengaluru Central constituency witnesses incumbent MP PC Mohan of the BJP squaring off against Mansoor Khan from the Congress. Chikkaballapur presents an intriguing contest with former Health Minister Dr K Sudhakar (who was defeated in the previous Assembly elections) from the BJP challenging youth Congress leader Raksha Ramaiah, the son of former minister MR Seetharam and grandson of MS Ramaiah. Mysuru introduces a debutant, Yaduveer Krishnadatta Chamaraja Wadiyar, into politics, confronting M Lakshman from the Congress. In Udupi-Chikkamagaluru, Kota Sreenivasa Poojary of the BJP takes on K Jayaprakash Hegde of the Congress. Hegde, an original Congress man had shifted loyalties to the saffron party before returning to the Congress fold for this election.

JDS, as a key ally of the BJP, has fielded candidates like M Mallesh Babu in Kolar against KV Gowtham and former CM HD Kumaraswamy taking on Venkatramane Gowda ('Star' Chandru) in Mandya. In Hassan, the grandson of former PM HD Deve Gowda and son of Holenarasipur MLA HD Revanna, Prajwal Revanna, will contest against Shreyas M Patel from the Congress.

BJP moves ECI against guarantee card distribution

The Karnataka BJP has appealed to the Election Commission of India (ECI) to prevent the distribution of Congress' 'guarantee cards' signed by its leader Rahul Gandhi and AICC president Mallikarjun Kharge to the voters.

The complaint stated that the Congress is all set to distribute the Congress Guarantee Cards with the photographs and signatures of Rahul Gandhi and Kharge. The card also contains a QR code.

This is being done to get an undue advantage in the Lok Sabha elections from the voters of Karnataka. Preparations are underway to distribute these cards all over the country. The guarantee cards are also posted on social media.

The move is a clear violation of the Model Code of Conduct. Along with the content regarding the Congress Guarantees, a format has also been prepared to collect individual details of the voters.

Benefeciaries with guarantee cards

The collection of the personal details of voters is a crime, it said.

Therefore, the BJP seeks a direction about stopping the distribution of the "Congress Guarantee Cards" to voters in the state, the complaint states.

The complaint has been filed by former Dy Chief Minister and BJP MLA C.N. Ashwath Narayan, Vivek S. Reddy, Pramukh, Legal and Election Committee and Convenor of the Legal Cell, Vasanthakumar.

The Congress Guarantee Card image handed over to the EC by the BJP highlights the promises of the Congress party made in its manifesto -- Rs 1 lakh allowance for women every year under Mahila Nyay, Rs 1 lakh salary (annually) during apprenticeship and the guarantee of a job for every educated youth under Yuva Nyay, waiver of loans of farmers under Kisan Nyay and a caste census and minimum of Rs 400 wage per day under Shramik Nyay. The card seeks all the details of the voters and Congress workers including the phone number.

-IANS

Karthik and Patidar power RCB to 196/8

Pace spearhead Jasprit Bumrah took a fifer but Royal Challengers Bengaluru still managed to reach to 196 for 8 in an Indian Premier League match here on Thursday.

Bumrah returned with impressive figures of 5 for 21.

While Faf du Plessis made 61 off 40 balls, Rajat Patidar hit 50 off 26 balls. Virat Kohli had a rare off day. Towards the end, Dinesh Karthik made a 23-ball unbeaten 53-run cameo to take RCB to a competitive total.

Earlier, Mumbai Indians won the toss and elected to bowl first against RCB. Mumbai Indians made one change in the squad that won the match against Delhi Capitals with Shreyas Gopal coming in for Piyush Chawla. Skipper Hardik Pandya said he chose to bowl first because the track would better to bat second as there was dew in the last couple of days.

Royal Challengers Bengaluru captain Faf du Plessis would have also liked to chase. RCB have handed a debut to England and Surrey batting all-rounder Will Jacks, who came in place of Cameron Green. In all they made three changes, bringing in Mahipal Lomror and Vijaykumar Vyshak. "We've tried to change a few things around. Our plan today is to bring a few fresh faces and give them chances. We want to make as few changes as possible but when you reach yourself in this position where you don't play your best cricket, then you have to make a brave decision. "The sixth game is the right time to do that. Virat (Kohli) has been excellent with consistency, but that's what is frustrating, we can't look at the opposition and say they've outplayed us. We've not done as well..." he said.

-PTI

How abandoned vehicles congest city streets

CONTINUED FROM PAGE 1

before selling these vehicles.

In 2024, the south traffic division has so far disposed of 65 two-wheelers and 30 four-wheelers.

"The presence of abandoned vehicles not only exacerbates traffic problems but also poses security risks, potentially being exploited by extremist elements," remarked the DCP, highlighting the multifaceted implications of this issue.

The DCP noted significant improvements in the disposal process, citing a reduction in bureaucratic hurdles following a recent High Court judgment.

Previously, the process involved obtaining court permission, gazette notifications, and subsequent auctions, leading to considerable time delays. However, with streamlined procedures mandated by the High Court, the disposal process has become more efficient now.

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3 killed, 6 injured in road accident in Davanagere

Three persons were killed and six others injured in a road accident on the Chinnakatte-Shivapura State Highway near Chinnikatti village in Karnataka's Davanagere district on Thursday.

The deceased were identified as 83-year-old Nanjundappa, 27-year-old Rakesh and 30-year-old Devaraj, all residents of Haramaghatta village in Shivamogga Rural taluk.

The incident occurred when a Maruti Omni car and North Western Karnataka Road Transport Corporation (NWKRTC) bus collided head-on.

The injured were undergoing treatment at Nyamathi government hospital, and two among them, who sustained serious injuries, have been shifted to the Meggan Hospital in Shivamogga city.

According to police, all the deceased were occupants of the car. The bus was en route to Shivamogga from Shikaripura. The reason behind the accident is still unknown. Nyamathi Rural police have registered the case and are investigating the matter.

—IANS

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I, Apeksha Shyam Anaskar R/o No 1007, 10th Floor, Gopalan Recidency, Magadi Rd, Blr-560023 Changed My Name Apeksha Shirsat to Apeksha Shyam Anaskar for All Future Purposes

I, Rahul Ramesh Shirsat R/o No 1007, 10th Floor, Gopalan Recidency, Magadi Rd, Blr-560023 Changed My Name Rahul Shirsat to Rahul Ramesh Shirsat for All Future Purposes.

I Ilakya Dhinakaran D/o Dhinakaran Dayalan R/o Kundalahalli Colony has Changed my name from Ilakya Dhinakaran Gowri to Ilakya Dhinakaran for all future purpose

I Nandini Sira Narashimhaiah W/o Kiran Kumar R/o Flat No 09, S2,1st R Block, 3rd Cross, Rajajinagar, Bengaluru 560010 have changed my name to Nandini Kiran for all purposes

I Shantanu Chikodi S/O, Mukund Ramchandra Chikodi R/o 102 Ablock Ds Max Streak, Doddaballapur Road, Opposite Shriram Suhaana Apartment, Nagenahalli, Yelahanka, Bengaluru 560064 have changed my name to Shantanu Mukund Chikodi.

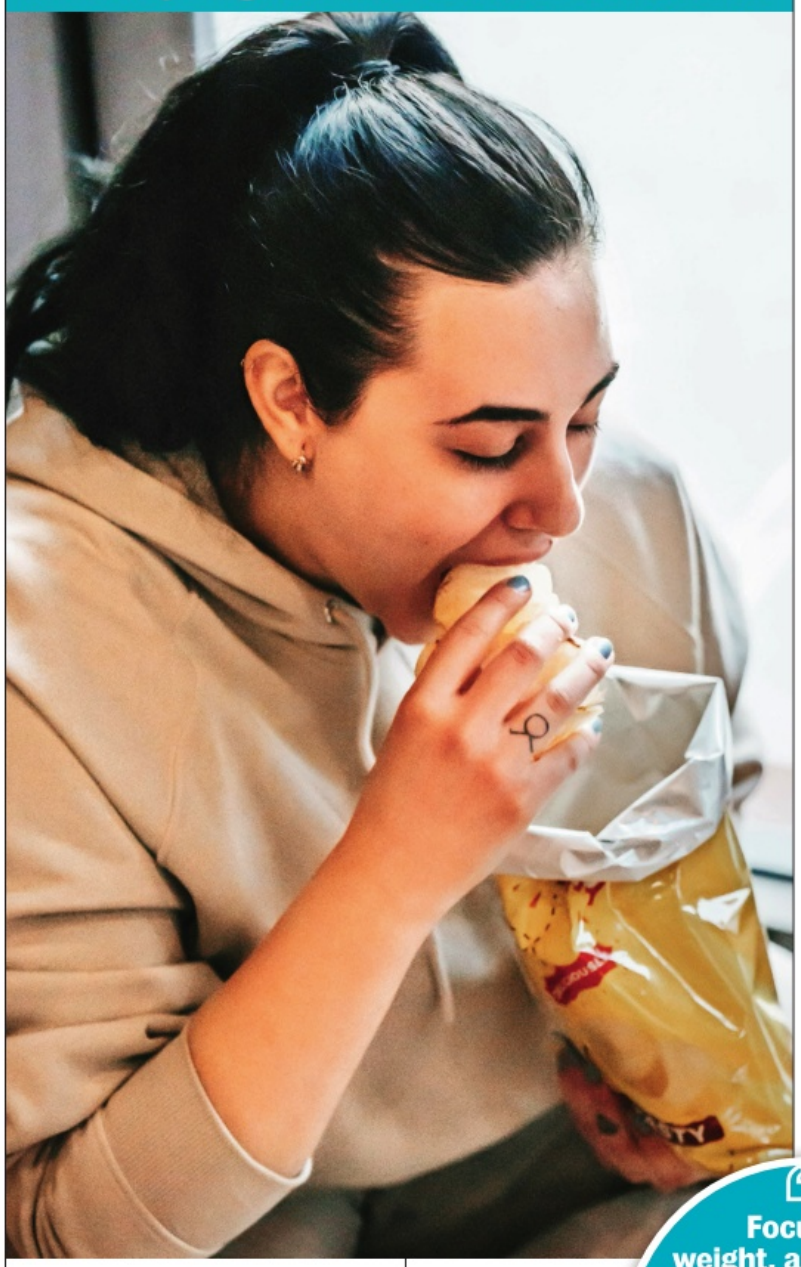
LOST & FOUND

I Rajesh Bollineni, S/O Suresh Naidu Bollineni, Anekal Main Road Bangalore-562106, would like to inform the general public that I have misplaced my original Sale Deed document bearing no, 1533, registered at (SRO), Dated 01/10/1996 and FIR for a lost Sale Deed filed.

GET NOTICED

WEIGHT & WATCH

Drugs like Ozempic won't 'cure' obesity but they might make us more fat-phobic



Hundreds of thousands of people worldwide are taking drugs like Ozempic to lose weight. But what do we actually know about them? This month, The Conversation's experts explore their rise, impact and potential consequences.

Many have declared drugs like Ozempic could "end obesity" by reducing the appetite and waistlines of millions of people around the world.

When we look past the hype, this isn't just untrue – it can also be harmful. The focus on weight, as opposed to health, is a feature of diet culture. This frames the pursuit of thinness as more important than other aspects of physical and cultural wellbeing.

The Ozempic buzz isn't just rooted in health and medicine but plays into ideas of fat stigma and fat phobia. This can perpetuate fears of fatness and fat people, and the behaviours that harm people who live in larger bodies.

Not the first 'miracle' weight-loss drug

This isn't the first time we have heard that weight-loss drugs will change the world. Ozempic and its family of GLP-1-mimicking drugs are the latest in a long line of weight loss drugs. Each looked promising at the time. But none have lived up to the hype in the long term. Some have even been withdrawn from sale due to severe side effects.

Science does improve incrementally, but diet culture also keeps us on a cycle of hope for the next miracle cure. So drugs like Ozempic might not deliver the results individuals expect, continuing the cycle of hope and shame.

Ozempic doesn't work the same for everyone

When we talk about the results of studies using Ozempic, we often focus on the average (also known as the mean) results or the maximum (or peak) results. So, studies might show those using the drug lost an average of 10.9% of their body weight, but some lost more than 20% and others less than 5%

What we don't talk about as much is that responses are variable. Some people are "non-responders". This means not everyone loses as much weight as the average, and some don't lose weight at all. For some people, the side-effects will outweigh the benefits.

When people are on drugs like Ozempic, their blood sugar is better controlled by enhancing the release of insulin and reducing the levels of another hormone called glucagon.

But there is greater variability in the amount of weight lost than the variability in blood sugar control. It isn't clear why, but is likely due to differences in genetics and lifestyles, and weight being more complex to regulate.

Treatment needs to be ongoing. What will this mean?

When weight-loss drugs do work, they are only effective while they're being taken. This means that to keep the weight off people need to keep taking them long term. One study found an average weight loss of more than 17% after a year on Ozempic became an average net weight loss of 5.6% more than two years after stopping treatment.

Short-term side effects of drugs like Ozempic include dizziness, nausea, vomiting and other gastrointestinal upsets. But because these are new drugs, we simply don't have data to tell us if side effects will increase as people take them for longer periods.

Nor do we know if effectiveness will be reduced in the long term. This is called drug tolerance and is documented for other long-term treatments such as antidepressants and chemotherapies.

Biology is only part of the story

For some people, using GLP-1-mimicking drugs like Ozempic will be validating and empowering. They will feel like their biology has been "normalised" in the same way that blood pressure or cholesterol medication can return people to the "normal" range of measures.

But biologically, obesity isn't solely about GLP-1 activity with many other hormones, physical activity, and even our gut microbes involved.

Overall, obesity is complex and multifaceted. Obesity isn't just driven by personal biology and choice; it has social, cultural, political, environmental and economic determinants.

A weight-centred approach misses the rest of the story

The weight-centred approach suggests that leading with thinness means health will follow. But changing appetite is only part of the story when it comes to health.

Obesity often co-exists with malnutrition. We try to separate the effects in research using statistics, but focusing on the benefits of weight-loss drugs without addressing the underlying malnutrition means we aren't likely to see the improved health outcomes in everyone who loses weight.

Obesity isn't an issue detached from people

Even when it is well-intentioned, the rhetoric around the joy of "ending the obesity epidemic" can harm people. Obesity doesn't occur in isolation. It is people who are obese. And the celebration and hype of these weight-loss drugs can reinforce harmful fat stigma.

The framing of these drugs as a "cure" exacerbates the binary view of thin versus fat, and healthy versus unhealthy. These are not binary outcomes that are good or bad. Weight and health exist on a spectrum.

Ironically, while fat people are told they need to lose weight for their health, they are also shamed for "cheating" or taking shortcuts by using medication.

Drugs are tools, not silver bullets

The creation of these drugs is a start, but they remain expensive, and the hype has been followed by shortages. Ultimately, complex challenges aren't addressed with simple solutions. This is particularly true when people are involved, and even more so when there isn't even an agreement on what the challenge is.

Many organisations and individuals see obesity is a disease and believe this framing helps people to seek treatment.

> **Focus on weight, as opposed to health, is a feature of diet culture that frames pursuit of thinness as more important than other aspects of wellbeing**

Others think it's unnecessary to attach medical labels to body types and argue it confuses risk factors (things that are linked to increased risk of illness) with illness itself.

Regardless, two things will always remain true. Drugs can only ever be tools, and those tools need to be applied in a context. To use these tools ethically, we need to remain mindful of who this application harms along the way.

(By Emma Beckett, UNSW Sydney, The Conversation)

All you need to know about...

Aldehyde impact

Premature ageing
A team of researchers from Nagoya University in Japan determined that aldehydes are metabolic waste linked to premature ageing.
Their findings, published in Nature Cell Biology, shed light on premature ageing illnesses as well as prospective techniques for combating ageing in healthy people, such as limiting exposure to aldehyde-inducing chemicals including alcohol, pollution, and tobacco.

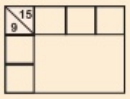
DNA damage
Aldehydes can have a negative impact on one's health. However, the group's findings indicate that these negative impacts also include ageing, which was discovered by Yasuyoshi Oka, Yuka Nakazawa, Mayuko Shimada, and Tomoo Ogi of Nagoya University.
"DNA damage is linked with ageing phenotypes," said Oka. "However, for the first time, we propose a relationship between aldehyde-derived DNA damage and premature ageing."

Enzymes
The researchers hypothesised that there might be a link between aldehydes and ageing since individuals with premature ageing disorders, like AMeD syndrome, exhibit inadequate activity of enzymes, like ALDH2, that break down aldehydes.
For healthy individuals, ALDH2 is also important in our response to alcohol. When a person drinks wine or beer, the liver metabolises the alcohol into aldehydes so it can be eliminated from the body. The activity of ALDH2 is important for converting the aldehydes into a non-toxic substance.

Reactive with DNA
Aldehydes are harmful because they are highly reactive with DNA and proteins. In the body, they form DNA-protein crosslinks (DPCs) that block important enzymes in typical cell proliferation and maintenance processes, causing these processes to malfunction and the patient to age. —ANI

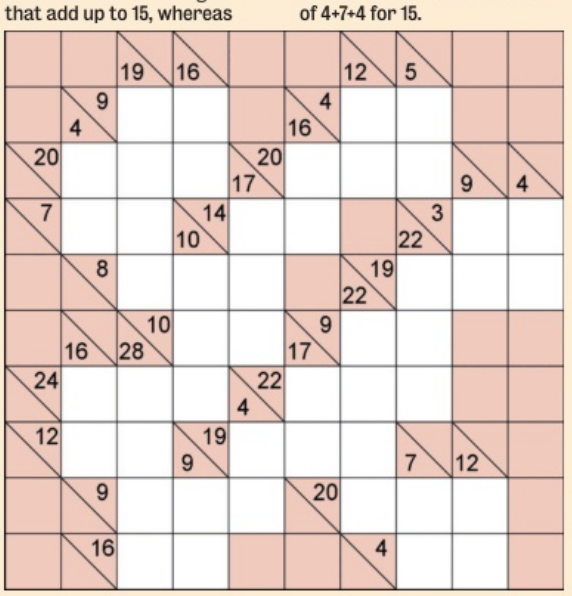
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

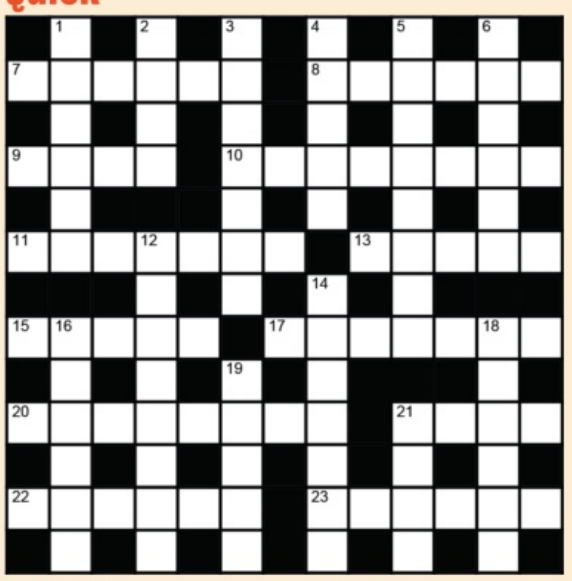


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Blankets or counterpanes (6)
8 Sad and mournful, miserable? (6)
9 Stride (4)
10 Travelled past (8)
11 Declaring, confessing or asserting (7)
13 Divine being (5)
15 Employing (5)
17 Single occasion (3,4)
20 Record of annual dates (8)
21 Bowling alley (4)
22 Small villa (6)
23 Published, put out (6)

DOWN

1 Port in SW Russia (6)
2 Hard to fathom (4)
3 Surprise very much! (7)
4 Twitter update (5)
5 Car safety device (4,4)
6 Protrude (3,3)
12 Amusement park on the Bangalore – Mysore highway (8)
14 Travelling along a heavenly course (2,5)
16 Bind as a bandage (6)
18 Made into coins or money? (6)
19 Revises copy (5)
21 Not as much as before (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: A EQUALS N

AE XDA BL HVLUBIBJT BA TEBAR JSBQ EA UWJ RKEVAT EI JOGJTBJANC.

Linemaro

I don't know you, but I think I love you already

Mindchow

When the well's dry, we know the worth of water

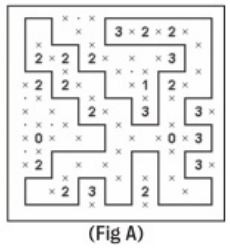
Joke of the day

He reminds me of the kid in fifth grade who reminded the teacher she forgot to give the homework

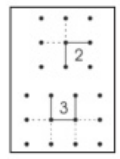
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

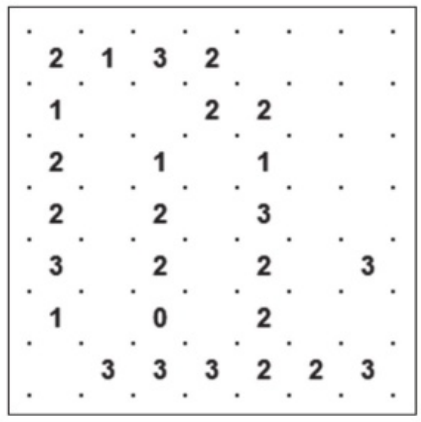


(Fig B) Not Allowed

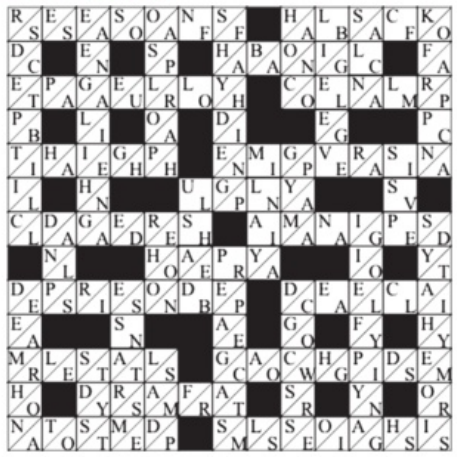
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



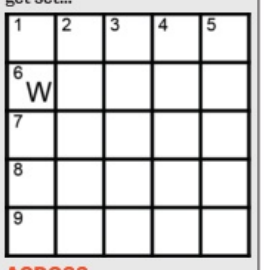
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 Croat; 6 Ave we;
7 Dante; 8 Tyson;
9 So Hue

DOWN

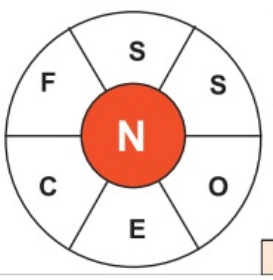
1 Haw as; 2 Conte;
3 A tout; 4 No Ves;
5 Reedy

Mensapuzzle

What letter is two to the right of the letter which is four to the left of the letter which is immediately to the right of the letter four to the right of the letter C?

A B C D E F G H

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

03 Average; 04 Good; 05 Outstanding

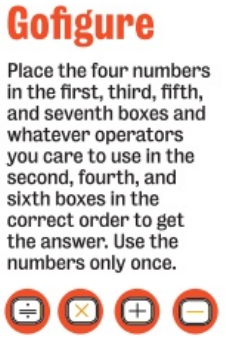
SudokuChallenge

7			8		2			1
	1			7			8	
	2		6		9		4	
		1	4	5	8	7		
		3	7	2	1	6		
	5		9		4		3	
	8			3			9	
3			2		5			8

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

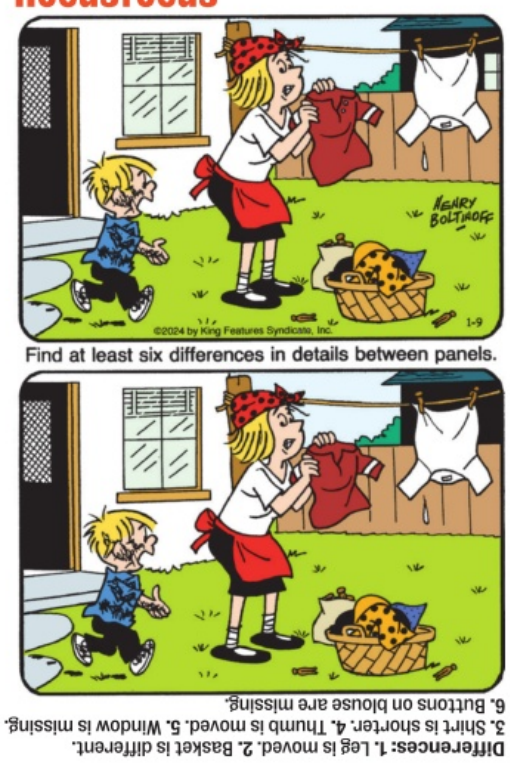


Easy = 12
2 8 9 9

Medium = 40
2 5 7 9

Hard = 16
1 4 4 2

Hocusfocus



Find at least six differences in details between panels.

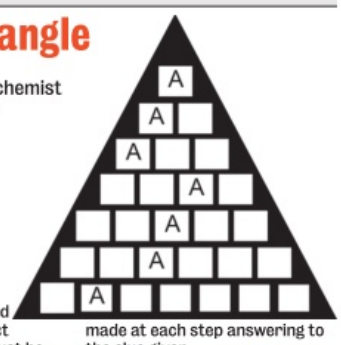
Differences: 1. Leg is moved. 2. Basket is different. 3. Shirt is shorter. 4. Thumb is moved. 5. Window is missing. 6. Buttons on blouse are missing.

Riddler

Which is the odd one out: Hanoi, Phnom Penh, Hai Phong, Ho Chi Minh City?

Alpha triangle

1 First letter
2 Astatine for the chemist
3 Illustrative craft
4 Wear's partner
5 Goggle
6 Speaks publicly
7 Skilled artist

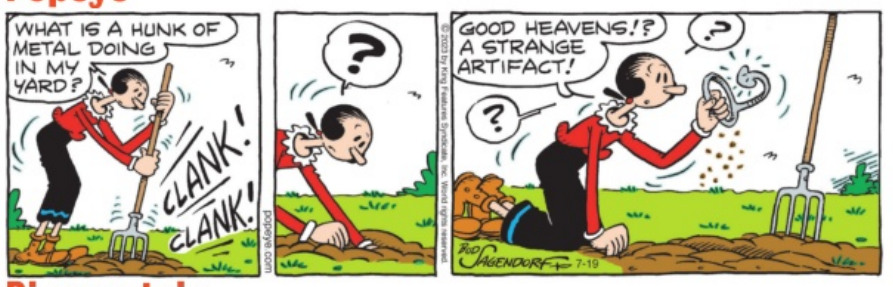


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

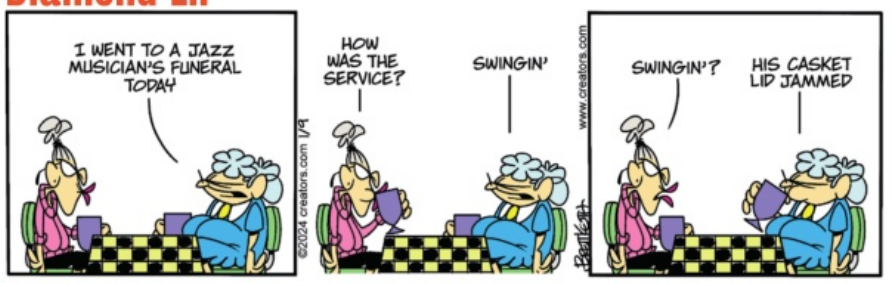
COMICS

Popeye



Bizarrotrip

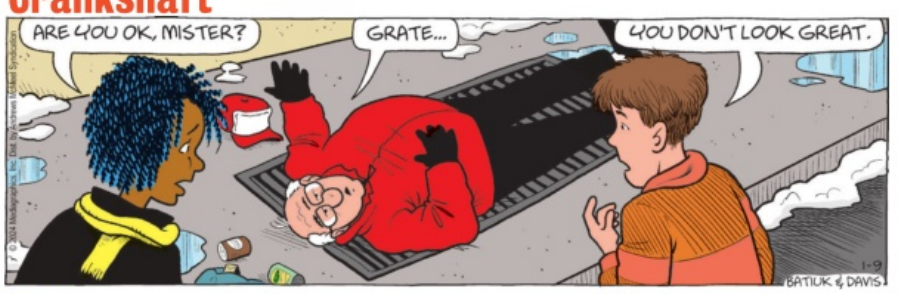
Diamond Lil



Hart of the city

I'M THINKING OF WRITING A MIDDLE SCHOOL SURVIVAL GUIDE.
OH, COOL THA-- WHOA!
THE FIRST DAY OF SCHOOL
OOF!
SORRY!
THAT WAS AN ACCIDENT!!
I DON'T BELIEVE YOU!!
@OCOMICS.COM/HEARTOFTHECITY
HEART OF THE CITY © 2024 ANDREWS MCMEEL

Crankshaft



Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may feel positive vibrations around you. You may bring some artefacts or household stuff to renovate your house. You may plan to start a new business in partnership. Expect some long-distance travel. You will make faith with your spouse, bringing harmony to your domestic life.

Taurus Apr 21 – May 20
Today, you may perform your best in the office. You may have a good bond with the boss and get some new responsibilities, possibly leading to a promotion. Chronic health issues may be cured. You may receive good incentives for your work. Disputes with siblings may be resolved. Job seekers may find a new job.

Gemini May 21 – Jun 21
Today, kids' education may keep you busy, and you may plan for their higher studies. Couples may hear good news regarding a child. You may plan for higher studies to get a promotion in your current job. Singles may find their soulmate. Those in education, consulting, or banking may do well.

Cancer Jun 22 – July 23
Today, you may feel dissatisfaction and may not be able to fulfil your responsibilities. Your investments may incur losses. Read documents carefully before signing. Elders' health may upset you. Postpone house renovations for a while.

Leo Jul 24 – Aug 23
Disputes with siblings may settle, boosting your relationship. Your vitality may help you complete tough projects easily. Expanding your network after a work-related trip is likely. Helping a needy person may increase your social status.

Virgo Aug 24 – Sep 23
Today, you may be busy with family gatherings, becoming polite and improving your image among relatives and friends. Spending on artefacts and other items may enhance your social status. Expect good news from a close relative.

Libra Sep 24 – Oct 22
Elders' blessings may increase your patience and focus, aiding in achieving your goals. You may perform well in business and domestic life, striking a balance between expenditures and savings, boosting your savings.

Scorpio Oct 23 – Nov 22
Dissatisfaction may affect your productivity. Lovebirds should avoid important marriage decisions. Job seekers may face disappointment in interviews.

Sagittarius Nov 23 – Dec 22
Your internal power may bring happiness and short-term gains from investments. Building good relations with your boss may lead to promotions and increased prestige. Expect some work-related travel.

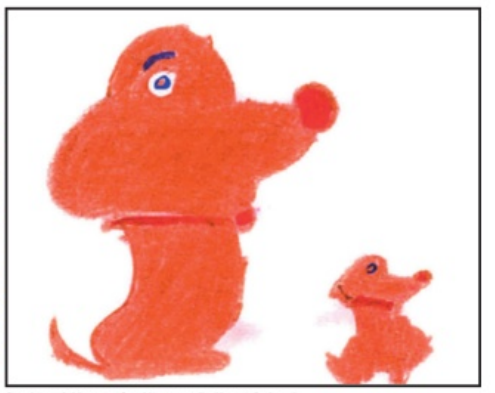
Capricorn Dec 23 – Jan 20
Blessed by the moon, you may gain a high position through hard work. Meeting influential people may provide direction for improvement. Handling domestic issues may boost harmony at home.

Aquarius Jan 21 – Feb 19
You may feel happy today and plan to visit a religious place for inner strength. Donating to charity or religious causes is likely. Expect overseas travel for education or work. Couples may find suitable matches, while singles may find soulmates.

Pisces Feb 20 – Mar 20
Feeling alone, you may undergo self-analysis and expect changes in position or location. Patience will be tested. Avoid arrogance, as it may affect your personal life. Avoid adventurous tours.

KIDZONE

Tanmayi Srikanth, 8 Years, The New Cambridge English School



Sophia, 8 Years, St. Vincent Pallotti School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
7\(√27−√8)(√27+√8)÷27^2-8^2
7/(27+8) = 7/35 = 1/5 = 0.2

BULL'S EYE
cone, CONFESS, nose, once, scone

FAST FIVE

H	O	U	S	E
S	T	O	N	Y
A	N	T	E	D
W	E	A	V	E
A	C	T	O	R

QUOTE UNCODE
No man is justified in doing evil on the ground of expedience.

STRIKE OUT

S	E	A	S	O	N	S	A	B	A	C	K			
C	N	P	A	B	O	I	L	A						
E	A	G	E	R	L	Y	C	L	A	M	P			
P	L	A	I	G		P								
T	H	I	G	H	N	I	G	E	R	I	A			
I	N		U	G	L	Y		V						
C	A	G	E	R	S	I	M	A	G	E	S			
L		H	E	R	A		O	T						
E	P	I	S	O	D	E		D	E	L	L	A		
A		N		A		O		F			Y			
M	E	T	A	L		C	O	W	H	I	D	E		
A	N	T	E	D		D	R	A	F	T	S			
O		D	R	A	F	T	S		N		R			
N	O	S	E	D		S	L	E	I	G	H	S		

QUICK

		E	A	S		T		S		D				
	C	H	A	L	E	T		I	S	S	U	E	D	
		T		R	I		B		E		T			
	C	A	L	E	N	D	A	R		L	A	N	E	
		W		D		E		O			I			
U	S	I	N	G		O	N	E	T	I	M	E		
				O		D		I			L			
A	V	O	W	I	N	G		D	E	I	T	Y		
		O			U									
S	T	E	P		O	V	E	R	T	O	O	K		
	S		E		T		E		A		T			
C	O	V	E	R	S		W	O	E	F	U	L		
		R		D		A		T		S				

MENSA PUZZLE
F

RIDDLER
Phnom Penh, the capital of Cambodia, others all in Vietnam

SUDOKU

3	9	4	2	6	5	1	7	8
6	8	2	1	3	7	4	9	5
1	5	7	9	8	4	2	3	6
8	4	3	7	2	1	6	5	9
2	7	5	3	9	6	8	1	4
9	6	1	4	5	8	7	2	3
5	2	8	6	1	9	3	4	7
4	1	6	5	7	3	9	8	2
7	3	9	8	4	2	5	6	1

ALPHA TRIANGLE
A, At, Art, Tear, Stare, Orates, Maestro.

GO FIGURE
Easy
9 – 8 + 2 + 9 = 12
Medium
7 – 2 x 9 – 5 = 40
Hard
4 + 4 x 2 x 1 = 16

LOOP

KAKURO

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 # Legend back at Cannes
Legendary director Francis Ford Coppola will return to the Cannes Film Festival with his long-awaited epic 'Megalopolis', 45 years after winning a Palme d'Or for 'Apocalypse Now'

BangaloreMirror | 12
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Entertainment Industry Promotion

Wish and miss

'Missing sheer khurma, biryani back home'

Actor Priyanka Chopra is missing the Eid festivities back home especially scrumptious delicacies.

Extending warm Eid greetings, Priyanka on her Instagram Story wrote, "Missing sheer khurma and biryani back home. Eid Mubarak to everyone celebrating (red heart emoji)."

Eid ul-Fitr is celebrated on the first day of Shawwal, the 10th month of the Islamic lunar calendar. The festival is of great significance due to the moon sighting which has been part of Islamic culture for a long time.

Meanwhile, on the work front, Priyanka is gearing up for her next Hollywood film 'Heads Of State'.

Taking to Instagram, Priyanka gave a glimpse of the script. The page had the film's title and mentioned that Harrison Query wrote it. It also has Priyanka's name watermarked on it.

Sharing the photo, she wrote, "And we're back."She will be seen in 'Heads of State' alongside John Cena and Idris Elba.

> **"Actor, who is gearing up for her next Hollywood film sends out Eid wishes and lists out what she misses most about being in India at this time**

Recently, Priyanka announced her new film in collaboration with the production team of Barry Avrich's new feature documentary 'Born Hungry' as a producer.

On the Bollywood front, she will be seen in Farhan Akhtar's next directorial 'Jee Le Zaraa' alongside Katrina Kaif and Alia Bhatt. However, no update has been provided on the film since the announcement was made a couple of years ago. **ANI**

Payal Kapadia's film at Cannes

Filmmaker Payal Kapadia's first feature film 'All We Imagine As Light' has been selected for the competition section of the 77th edition of the Cannes Film Festival, which will open in May this year.

The Cannes 2024 official section was unveiled on Thursday.

The competition will be held from May 14 to May 25.

In 2021, Kapadia had won the Golden Eye for Best Documentary for 'The Night of Knowing Nothing'. Filmmaker Anurag Kashyap, whose movie 'Kennedy' had its world premiere at Cannes last year, took to Instagram Stories and shared the announcement regarding 'All We Imagine As Light'. He wrote: "Indian film in Competition at @festivaldecannes

Congratulations Payal Kapadia".

Some of the other films on the competition list are: 'The Apprentice' by Ali Abbasi, 'Motel Destino' by Karim Ainouz, 'Bird' by Andrea Arnold, 'Emilia Perez' by Jacques Audiard, 'Anora' by Sean Baker and 'The Shrouds' by David Cronenberg.

Kapadia is a graduate of the Film and Television Institute of India (FTII), Pune.

In the past, she has directed movies such as 'Watermelon, Fish and Half Ghost', 'The Last Mango Before the Monsoon' and 'Afternoon Clouds'. **IANS**

Jennifer Aniston reveals she still gets red carpet jitters

Actress Jennifer Aniston has shared that she still gets nervous during public appearances more than 30 years after she shot to fame.

Asked if she still gets nervous, Aniston said: "Always. Always. Right now, literally in this chair."

Aniston shot to fame playing Rachel Green in the sitcom 'Friends' in the early 1990s.

She starred alongside Courteney Cox, David Schwimmer, Lisa Kudrow, Matt LeBlanc, and the late Matthew Perry.

The actress recalled the early days of filing her signature role and described it as a "magical" time.

She told people.com: "Oh, everything was the most exciting thing on the planet. It was just magic. Nothing was not exciting. And it's still exciting, but we've had more experiences. We've learned more lessons. There's a little more behind us."

Aniston had been struggling to make it in Hollywood until she had a chance meeting with television executive Warren Littlefield in a gas station, who recommended her for the part in 'Friends', reports femalefirst.co.uk.

When the 'Morning Show' actress was asked what advice she would give her younger self, she said that she wouldn't be so focused on "making it" big as she remembered her first acting appearance in a school Nativity play at the age of 11.

Discussing when she first caught the acting bug, Aniston said: "Probably when I was onstage for the first time when I was about 11. I was in a Nativity play, and I played the archangel. **IANS**

Watch this story come alive by pointing your phone camera at the QR code

Style guru

Manushi Chillar's style file is a fashion journey redefining elegance and grace

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Final schedule

The shooting of the much-awaited Kannada movie Sanju Weds Geetha 2 is all set to enter its final schedule within a few days. It is a sequel to Sanju Weds Geetha that came out a decade ago, in which Srinagar Kitty and Ramya were the lead pair. Three schedules of shooting of the movie were held in Bengaluru and Switzerland. Though the hero is the same – Srinagar Kitty – in the sequel, heroine Ramya has been replaced with Rachita Ram. Nagashekar is directing the movie.

"I thank the producer for his cooperation. We are planning to commence the next schedule at the Sidlaghatta Silk Market. The movie revolves around two lovers who fight for a better price for silk produced in Karnataka," said director Nagashekar. He said this movie with a relatable story gave him more joy than selecting an artificial love story.

Shoot completed

Director Kishore Moodbidri has been busy with the post-production work of his latest movie Rippen Swaamy. Vijaya Raghavendra plays the lead while Ashwini Chandrasekhar is paired opposite him. The first look poster of the movie that was released recently received good feedback.

"It is my second movie with Vijaya Raghavendra. Prior to this, I directed Malgudi Days with him in the lead. Rippen Swaamy is a mixed genre. Vijaya plays a sensitive character in it and it revolves around incidents that took place at Sannakoppa in Malnad region. The hero in the movie works at an estate," says Moodbidri.

He debuted as a director with the Tulu movie Appe Teacher 2018. His next movie was Malgudi Days in Kannada that was released in 2020. "My movie Cake got Best Jury Award at the Bengaluru International Film Festival 2022," he said. Elaborating on Rippen Swaamy, the director said that he has selected a local story as audiences enjoy such stories. "We shot the movie over 48 days at places such as Koppa, Kalasa, and Balehonnur. I am confident of its success at the box office," the director said.